

Spring 2021 Exit Examination Essay

English 101 Composition I

SOUTHERN UNIVERSITY AT NEW ORLEANS

COLLEGE OF ARTS AND HUMANITIES

Professor Darryl G. Brown

dbrown@suno.edu

DIRECTIONS: Write a descriptive essay on prompt below. Your essay should be at least 500 words. Be sure your essay has a strong opening with a clear thesis, at least three (3) body paragraphs and topic sentences, and an impactful conclusion.

Title:

Describe What Would Happen If You Applied Gladwell's 10,000-Hour Rule to Your Life?

In his book *Outliers*, Malcolm Gladwell, citing the work of Anders Ericsson, popularized the 10,000-hour rule, which states that it takes 10,000 hours of practice to become an expert in a given field. Gladwell writes: "Ten thousand hours is the magic number of greatness."

Prompt: Write a descriptive essay describing what would happen if you applied Gladwell's 10,000-hour rule to your life, your subjects, and your future goals. Gladwell's rule means studying at least 3-4 hours a day on a particular subject or field for 10 years. That would cause you to master any subject or field.

This essay will call for you to examine yourself. How much quality time do you spend studying each day? When do you start homework? What time do you turn off everything and solely focus on the task at hand (homework, writing, studying, meditating)?

Requirements: Add your title
 Write in Times New Roman Style
 Font 12
 Double Space
 Write in first person (avoid the "I feel" statements and 2nd person: **you, your, yourself**)
 Avoid Contractions

This essay is due today, May 5, at 12 noon.