San Francisco Ballet

Name

Institutional Affiliation

Date

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On Saturday, February 23rd this year, 2019, I attended the San Francisco Ballet show. It is worth remembering that San Francisco Ballet is a show that offers live entertainment to many fans (Au, & Cohen, 1988). Even though I have never been a ballet person, I have grown up surrounded by friends who love and always talk about ballet. I can say that attending the show was an excellent opportunity for me to learn and be entertained by the various performances. It is indeed a show that grants one a fantastic live experience, and like it is said, San Francisco Ballet is one of the best shows currently performing and delighting fans from all parts of the world and more especially in San Francisco.

One of the elements that stood out for me when I attended the show revolved around the outfits that were being utilized. The costumes worn by the various dancers were completely outstanding, and to a great extent, they were complementary to the various countries whose dance was being presented by the dancers. I was highly impressed with the amount of cohesiveness as well as choreography that was shared between these dancers at the show. Everything happened perfectly, and despite having many dancers in each presentation, it looked as if there were all the same individual dancing in front of many mirrors imitating or in other words mimicking movements.

It is okay to say that the designers of the costumes the dancers here use are good in it as the outfits for the dancers were unique and represented and identified those from Spain, China, Russia, USA and other countries of the world. I was interested and also delighted by the artwork in the Chinese dragon especially based on how the participants who were caring for the body of the dragon were in the position to move in harmony with the music that was being played as well as creating the illusion of a flying dragon. It was evident that all the individuals who participate in the San Francisco Ballet spent a tremendous amount of time training for their show. Some dancers were able to roll; dance and even making a handstand while at the same time clapping with his feet for his audience. For the dancers to perform a handstand, they do highly require a lot of physical strength as well as body control. It is an act that requires greater physical challenge as one is clapping while at the handstand. It was interesting how the actors were in the position to make the whole task look easy as well as common for anyone to attempt.

As the San Francisco Ballet is concerned, the performers are extremely professional with their talents, and they all strive to make the show a fantastic experience for everyone attending it. I came to realize that it is possible for one to enjoy and have a test of different cultures by just visiting a show like the San Francisco Ballet (Lee, 2002). This is primarily because there are many presenters from all corners of the world who come here with the sole intention of portraying their different cultural dances. It is worth noting that the San Francisco Ballet attracts the top talent when it comes to ballet and this is from across the globe. Incredible dancers come here to show their talents as well as their culture. Creating the time to be part of the show is an excellent opportunity not only for one to be entertained but also to discover the talents and cultures we have across the world.

References

Au, S., & Cohen, S. J. (1988). *Ballet and modern dance* (p. 8494). London: Thames and Hudson.

Lee, C. (2002). *Ballet in western culture: a history of its origins and evolution*. Psychology Press.