

Essay Outline

Topic 3: Why do people create? For this topic, you will examine two historical examples of reasons for creating and explain them. You will also reflect on why you create and how you express yourself in the humanities.

<https://artsandculture.google.com/exhibit/why-did-prehistoric-people-draw-in-the-caves-grotte-chauvet/IQJiKr1gnrB2LQ?hl=en>, Reading 1

[Why We Make Art](#), Reading 2

[What Happens in Your Brain When You Make Art](#), Reading 3

Essay instructions:

Your thesis should do the following things:

1. Respond directly to the prompt. It should not repeat exactly what is in the prompt, but should provide a clear answer to the question that you will elaborate on in the rest of the paper.
2. Contain specific information that your reader can expect you to discuss later in the paper.
3. For your papers, I ask you to talk about two early cultures within the theme of your paper. (Prehistoric cave art & Gothic art era)

you should find a useful source in the databases and submit an MLA citation for that source along with a brief summary of what the source says and how it fits with your paper.

I. Introduction

- a. Attention getter: There are many benefits to creating art, studies have shown that creating art increases the level of dopamine in your brain, annihilates stress, stimulates imagination and even helps with problem solving.
- b. In this essay I will be writing about why people create, starting with why prehistoric people drew in caves, and the history of daguerreotype and how photography came to be.
- c. Thesis statement: Art has been around for thousands of years and it only keeps evolving. There's a reason for why art has been around for centuries, it's a way of expressing ourselves, our history and our culture. There are also many benefits that come from

creating, art can raise our dopamine levels making us happier, even if you're not an "artist" there are many benefits to taking time out of your day to draw. Include 2 historical examples that will be discussed in essay.

II. Body Paragraph

- a. First historical example: Why did prehistoric people draw in caves? Why did they create and what were they doing?
- b. The horse of Lascaux
- c. Animal species pierced by arrows, hypothesis of sympathetic magic, shamanism.

III. Body Paragraph

- a. Second historical example: The history of the Gothic art era, and how it influenced religion.
- b. Gothic architecture, great churches and cathedrals. Rib vaults, flying buttresses, stained glass windows.
- c. How did it appeal to emotion?

IV. Body Paragraph

- a. Reasons for creating.
- b. What happens in our mind and bodies when we create?
- c. Art can help with distractions from daily worries, create a healthy state of mind and reduce stress.

V. Conclusion

- a. Restate thesis.
- b. Concluding thoughts, what is the claim?