Course Reflection Guidelines

# Requirements

1. The **Course Reflection** will be graded on quality of self-assessment, use of citations, use of Standard English grammar, sentence structure, and overall organization based on the required components as summarized in the directions and grading criteria/rubric.
2. **The length of the reflection is to be within three to six pages excluding title page and reference pages.**
3. APA format is required with both a title page and reference page. Use the required components of the review as Level 1 headers (upper and lower case, centered):

Note: Introduction – Write an introduction but do not use “Introduction” as a heading in accordance with the rules put forth in the *Publication manual of the American Psychological Association* (2010, p. 63).

* 1. Course Reflection
  2. Conclusion

# Preparing Your Reflection

The *BSN Essentials* (AACN, 2008) outline a number of healthcare policy and advocacy competencies for the BSN-prepared nurse. Reflect on the **NUR4287** course readings, discussion threads, and applications you have completed across this course and write a reflective essay regarding the extent to which you feel you are now prepared to**:**

**Implement holistic, patient­ centered care that reflects an understanding of human growth and development, pathophysiology, pharmacology, medical management, and nursing management across the health­ illness continuum, across the lifespan, and in all healthcare settings.**

Reference:

American Association of Colleges of Nursing [AACN]. (2008). *The essentials of baccalaureate education for professional nursing practice.* Washington, DC: Author.

# Directions and Grading Criteria

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| --- | --- | --- | --- |
| Category | Points | % | Description |
| (Introduction – see note under requirement #4 above) | 8 | 8 | Introduces the purpose of the reflection and addresses BSN Essentials (AACN, 2008) pertinent to healthcare policy and advocacy. |
| You Decide Reflection | 80 | 80 | Include a self-assessment regarding learning that you believe represents your skills, knowledge, and integrative abilities to meet the pertinent BSN Essential and sub-competencies (AACN, 2008) as a result of active learning throughout this course. Be sure to use examples from selected readings, threaded discussions, and/or applications to support your assertions to address **four** of the following sub-competencies:   1. “Conduct comprehensive and focused physical, behavioral, psychological, spiritual, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and culturally appropriate approaches. 2. Recognize the relationship of genetics and genomics to health, prevention, screening, diagnostics, prognostics, selection of treatment, and monitoring of treatment effectiveness, using a constructed pedigree from collected family history information as well as standardized symbols and terminology. 3. Implement holistic, patient­ centered care that reflects an understanding of human growth and development, pathophysiology, pharmacology, medical management, and nursing management across the health­ illness continuum, across the lifespan, and in all healthcare settings. 4. Communicate effectively with all members of the healthcare team, including the patient and the patient’s support network. 5. Deliver compassionate, patient­ centered, evidence-based care that respects patient and family preferences. 6. Implement patient and family care around resolution of end ­of ­life and palliative care issues, such as symptom management, support of rituals, and respect for patient and family preferences. 7. Provide appropriate patient teaching that reflects developmental stage, age, culture, spirituality, patient preferences, and health literacy considerations to foster patient engagement in their care. 8. Implement evidence-based nursing interventions as appropriate for managing the acute and chronic care of patients and promoting health across the lifespan. 9. Monitor client outcomes to evaluate the effectiveness of psychobiological interventions. 10. Facilitate patient­ centered transitions of care, including discharge planning and ensuring the caregiver’s knowledge of care requirements to promote safe care. 11. Provide nursing care based on evidence that contributes to safe and high-quality patient outcomes within healthcare microsystems. 12. Create a safe care environment that results in high quality patient outcomes. 13. Revise the plan of care based on an ongoing evaluation of patient outcomes. 14. Demonstrate clinical judgment and accountability for patient outcomes when delegating to and supervising other members of the healthcare team. 15. Develop a beginning understanding of complementary and alternative modalities and their role in health care. 16. Develop an awareness of patients as well as healthcare professionals’ spiritual beliefs and values and how those beliefs and values impact health care. 17. Manage the interaction of multiple functional problems affecting patients across the lifespan, including common geriatric syndromes. 18. Understand one’s role and participation in emergency preparedness and disaster response with an awareness of environmental factors and the risks they pose to self and patients 19. Engage in caring and healing techniques that promote a therapeutic nurse patient relationship. 20. Demonstrate tolerance for the ambiguity and unpredictability of the world and its effect on the healthcare system as related to nursing practice.” (pp. 31-32). |
| Conclusion | 4 | 4 | An effective conclusion identifies the main ideas and major conclusions from the body of your essay. Minor details are left out. Summarize the benefits of the pertinent BSN Essential and sub-competencies (AACN, 2008) *pertaining to scholarship for evidence-based practice.* |
| Clarity of writing | 6 | 6 | Use of standard English grammar and sentence structure. No spelling errors or typographical errors. Organized around the required components using appropriate headers. Writing should demonstrate original thought without an over-reliance on the works of others. |
| APA format | 2 | 2 | All information taken from another source, even if summarized, must be appropriately cited in the manuscript and listed in the references using APA (6th ed.) format:   1. Document setup 2. Title and reference pages 3. Citations in the text and references. |
| Total: | 100 | 100 | A quality essay will meet or exceed all of the above requirements. |