The paper will focus on managing interpersonal conflict and address the following:

· Define the nature of conflict and its characteristics.

· Describe the five conflict styles that can be used to manage conflict.

· Explain the nature of an interpersonal conflict you experienced recently or in the past with a specific person (e.g., family member, spouse, romantic partner, friend, roommate, coworker, etc.).

· Explain how you handled the conflict.  Which conflict style(s) did you use to resolve the problem?

· Do you think this conflict could have been prevented?  Explain why or why not.

· How can you avoid or prevent any future conflicts with the other person?

The paper must be 8 pages in length, not including the cover page and reference page.

Include a minimum of six (6) peer-reviewed sources for the paper.  The course textbook is a required source.

Format your paper consistent with APA guidelines.