

## 1. Introduction

In this research proposal, I want to study people's mental health conditions in society. Because most people immediately assume that a psychopath must be a crazy, erratic, and dangerous person to keep away from them. Many people do not know about people with mental health conditions in society, so mental patients are often regarded as monsters in society. Therefore, people do not understand, resulting in mental illness patients in the body and mind suffering more significant harm. I hope my research will help the public understand more about the world of mental illness.

## 2. Background

Living in today's society, people often have to face the demands of high efficiency and fast pace and the pressure brought about by them, and they will be disturbed mentally and psychologically at any time. According to the Centers for Disease Control and Prevention, "Mental illnesses are among the most common health conditions in the United States. More than 50% will be diagnosed with a mental illness or disorder at some point in their lifetime. 1 in 5 Americans will experience a mental illness in a given year. 1 in 5 children, either currently or at some point during their life, have had a seriously debilitating mental illness. 1 in 25 Americans lives with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression." (CDC). It's proven that mental illness is already a very common disease; people should not be too sensitive to people with a mental health condition. Mental illness is divided into many types, with different severity and different effects on patients' daily lives. And there is a misconception that most people think that all people with mental illness are violent and dangerous in society. According to the Treatment Advocacy Center, "Most acts of violence committed by individuals with serious mental illness are carried out when they are not being treated." (TAC). In a Treatment and violent behavior in persons with first episode psychosis during a 10-year prospective follow-up study from Denmark and Norway. The researchers reported that "after treatment initiatives, the overall prevalence of violence in psychotic patients drops gradually to rates close to those of the general population." (Schizophrenia research). It's proof that mental illness patients on medication are stable. Violent mental illness accounts for less than 5 percent of the total population, mostly due to a lack of proper treatment.

## 3. Approach

The audience for my research project is the general public, including the mentally ill. What motivated me to study psychopaths was that I had friends who had been psychopaths, so I wanted to get the public to understand and pay attention to them. Besides, I will interview my friend to learn more about his mental illness experience and daily life. I will also know more about the problems he has encountered in

society, such as unfair treatment and discrimination. I will also search for more information on mental illness through websites, books, research reports, and videos.