**4-MAT REVIEW ASSIGNMENT INSTRUCTIONS**

**Overview**

The book review assignments (4MAT) allow the student the opportunity to learn additional crises information via the critiquing process of selected works. The student may choose any book with a strong crisis/trauma emphasis concerning children/adolescents to review.

Instructions

The 4-MAT REVIEW system is a way of responding to readings that requires the learner to interact with new ideas on several levels. Please start with a title page that has the title of the paper, student name and our course. You should then use the following format in preparing your 4-MAT REVIEWS:

1**.     Summary:** After listing author and chapter, summarize what you have read as if you were the author boiling down the book into 600 tight words. Demonstrate that you have read and internalized the assigned book by writing a concise summary. This section is not a commentary or listing of topics, but rather an insightful “précis” of the content. This section should be at least 600 words in length.

2.     **Concrete responses:** Get personally involved (vulnerable). In 600 words, relate a personal life experience that this book connected with in your own life. Relate your story in first person, describing action, quoting sentences you remember hearing or saying. In the teaching style of Jesus, this is a do-it-yourself parable or case study. You will retain more information that is meaningful by making this critical, personal connection. What video memory began to roll? This is your chance to tell your story and make new ideas found in the book your own.This section should be at least 600 words in length.

3.     **Reflection:** What new questions pop up for you in response to what you have read? Keep a rough note sheet at hand, as you read. Begin with questions like, “What would I like further information on?” Where do I agree/not agree with the author?” or “What bothers me/excites me about this content?” This section should be at least 600 words in length.

4. **Application:** How does the information in this book influence how you are going to continue your own personal and professional growth? What actions or changes are you going to make in your life because of your learning? Be specific in summarizing your action steps. This section should be at least 600 words in length.

 **Please note:** Your grade on this 4-MAT REVIEW depends on the way you address each of these four dimensions of response to your chosen book. You do not have to write in APA as this assignment has a specific format already outlined.