**MOVIE REVIEW ASSIGNMENT INSTRUCTIONS**

**Overview**

Students are expected to complete a movie review focused on childhood/adolescent crises/trauma. Watch a movie of your choosing with a strong trauma theme and then complete a critique of the movie as it relates to the topic of trauma. Give particular attention to how you might use the ideas presented in this movie to counsel children/adolescents who are facing a crisis or dealing with trauma. This assignment should have a title page which will have your name, the course, the instructor, the assignment # (Movie review #1), and the date.

Instructions

The Movie Review requires the student to interact with the content of the movie in a way that allows for an understanding of the impact that movies can have on the therapeutic process. Please start with a title page. You should adhere to the following format in completing your Movie Reviews:

1. **The Review:**

Give your impression of the movie with only the briefest description of the plot. Resist the urge to retell the whole plot of the movie, instead sharing the scenes that had the greatest impact on your thinking or the most potential for use within the therapeutic process. What aspects of the movie should the viewer look for if they have not seen the movie and what aspects/scenes do you feel warrant further reflection and why? This section should be at least 600 words in length.

1. **Therapeutic Implications:**

Having noted the scenes that have value for use in the therapeutic process, what is the **specific** value that you see for use in the counseling process? For example, if you observe emotional outbursts, angry tirades, attempts at connection, empathic listening, etc… point out the scene and the way in which it could be used to enhance your client’s understanding of the skill/technique you are attempting to teach. How would you use this scene to make an emotional, cognitive, or spiritual connection? What is your rationale for choosing this scene? This section should be at least 600 words in length.

1. **Personal Implications:**

How did you connect with the movie on a personal level? How did it confirm or challenge some of your perceptions of Child/Adolescent Trauma and its treatment? How will you utilize this information personally? This section should be at least 600 words in length**.**

**4.)** **Professional Implications**:

How did this movie impact your thinking professionally? How will it inform and impact your delivery of therapeutic interventions/services. Were there any scenes that you strongly agreed/disagreed with on a professional level and why? What did you learn from this movie that will make you a more competent therapist? This section should be at least 600 words in length.

**Please note:** Your grade on this MOVIE REVIEW depends on the way you address each of these four dimensions of response to your chosen movie.